

MANY HELPFUL HINTS FOR THE HOMEMAKER—ENTHRALLING STORY OF A GIRL'S STRUGGLE

THE QUESTION: TO BE OR NOT TO BE A WAR BRIDE

It Seems to Be Clearly a Girl's Duty to Marry, Provided It Is a Case of Love and Not Romantic Idealism

TO BE or not to be a war bride? That is the question agitating certain love-lorn maidens in these uncertain times. Naturally, the answer is always the same—that it is a problem which must be worked out by the girl and the man themselves.

There is always the danger that, carried away by the hysteria of the moment, a girl will marry a man she would not in quieter times even consider as a possible life-mate only to find out several years hence that she has made a hideous mistake. And if she is married thus hastily and to the wrong man, she stores up not only unhappiness for herself but for another.

One cannot help wondering on reading of the scores of war-time marriages just how many of them will "pan out."

ON THE other hand, if two young things are and have been in love for some time and have intended marrying, it seems clearly to be their duty to consummate a marriage before the one is called away. There are many temptations an enlisted man is called on to face, and the memory of a little wife back home would have a firmer hold over him than anything else could have. Thoughts of a fiancée are tender to cherish, but a wife is a responsibility few men will fall to live up to the best of their ability.

FINALLY, thought must be given to the generations to come. The type of



This hat is proud possessor of a pair of wings; one on each side.

man who offers his life to his country and is often called upon to fulfill his bargain is one which should be preserved. It would be indeed a tragedy for this country of all others to breed a nation of slackers.

Therefore, it seems that, provided always a girl is sure she has found the one man, it is her duty to marry him even with the uncertainties of war ahead of her, for in so doing she will be serving her country in transmitting the heritage of strength and stamina to those who will come after her.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper and the address given. Replies are invited. It is understood that the editor does not necessarily endorse the sentiment expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES

- 1. Scrambled eggs sometimes become watery. What is the cause of this?
2. Is it usual to include both of the engaged persons at an entertainment to which one may be invited?
3. When dining a dinner, should a hostess place an engaged couple together at the table?

ANSWERS TO SATURDAY'S INQUIRIES

- 1. When cooking acid fruits, such as plums, cherries, etc., less sugar will be required if it is added after cooking.
2. Apricots, peaches and other dried fruits should be soaked in cold water for at least twelve hours before cooking.
3. Crocheted articles can be cleaned if they are well rubbed into four several times, then shaken out.

Recipe for Plain Loaf Cake

To the Editor of Woman's Page: Dear Madam—Please print directions for making a plain loaf cake. I am short and slight. Cream two cups granulated sugar with one cupful butter, sift three cups of flour twice with one heaping teaspoonful baking powder. Beat the yolks of four eggs, add one cupful milk and add this mixture alternately with the dry ingredients to the creamed butter and sugar. Beat the whites of the eggs to a stiff froth, fold in lightly, turn the batter into two pans and bake in a moderately slow oven.

Corn Bread as Made in North

To the Editor of Woman's Page: Dear Madam—Will you tell me how corn bread can be made in the North? I think you will find the following recipe successful: Use two cups of cornmeal, two and one-half cups of milk, one cupful flour, three eggs, one tablespoonful butter, one teaspoonful salt, one tablespoonful sugar and two teaspoonfuls baking powder. Beat the eggs slightly, melt the butter and turn it into the eggs. Sift the dry ingredients all together several times, then add to the milk, eggs and butter. Beat hard and rapidly and bake in greased pans one-half hour. The oven should be steady and not too hot.

Chop Suey, American Style

To the Editor of Woman's Page: Dear Madam—Will you please publish a recipe for chop suey as it is made in America? Cut the breast from an uncooked chicken in strips one inch long. Melt one tablespoonful butter, add the chicken meat and cook ten minutes, then add three-fourths of a cupful of very hot oil. Stir in sliced mushrooms, one onion sliced and six mushrooms sliced. Cook five minutes, add one cupful of chicken stock, one-half teaspoonful sugar, two teaspoonfuls soy sauce, one-half green pepper which the needs have been removed cut in thin strips and one teaspoonful cornstarch dissolved in two tablespoonfuls water. Bring to the boiling point and let simmer three minutes.

Bechamel Sauce

To the Editor of Woman's Page: Dear Madam—Can you give me a recipe for bechamel sauce to be served with meat? ANXIOUS. Mix together two tablespoonfuls butter with two tablespoonfuls flour, thin out with one cupful strained chicken or veal stock, seasoned with salt, pepper, the juice of an onion and a carrot. Have ready a cupful of rich milk, heat with a pinch of baking soda; remove the first mixture from the fire, stir in the milk and when thoroughly mixed serve.

Iridescent Nickel and Brass

To the Editor of Woman's Page: Dear Madam—Please tell me how brass and nickel fixtures can be made iridescent? J. B. L. Prepare a solution of one part of lead acetate to three parts sodium hyposulfite in forty-eight parts of water. Pour the articles into this solution, remove them from time to time when the requisite depth of color is obtained, rinse off and let dry.

To Sponge Black Cloth

To the Editor of Woman's Page: Dear Madam—What is the best way to sponge black cloth? Also, how can the luster be removed from a valuable cloth? (Mrs.) C. C. Dissolve one ounce of bicarbonate of ammonia in one quart of warm water, then rub the cloth with it, using a piece of flannel or black cloth for the purpose. Afterward clean the cloth with clear water, dry, and iron it, brushing from time to time in the direction of the fiber.

To Prevent Fading

To the Editor of Woman's Page: Dear Madam—How can red-bordered towels and napkins be prevented from fading? E. E. A little borax put in the water will set the color.

Scorch Marks on Silk Blouse

To the Editor of Woman's Page: Dear Madam—Can you tell me whether there is any way of removing a large scorch mark from a white silk blouse? I am anxious to know that an application of potassium permanganate, followed by hydrogen peroxide, will remove scorch marks from white goods. The scorching is in the shape of a large spot.

IN THE MOMENT'S MODES



The separate blouse has become particularly indispensable since the advent of the popular sports skirt. This French model is of dainty batiste with plaited pendants. The "dots" are of Copenhagen blue silk, embroidered by hand. Fifteen dollars seems quite a sum to pay—even for such exquisite workmanship—but, then, its "chic" perhaps justifies it after all.

THE GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL. D. In answer to health questions, Doctor Kellogg in this space will daily give advice on preventive medicine, but in no case will he take responsibility for diagnosis, or of prescribing for ailments requiring surgical treatment or drugs.

IT APPEARS so comforting to the baby to suck his fingers, flaps or thumbs, and it is so tiresome to keep always on the alert to circumvent him that many mothers allow the child to form the habit. This is not only insanitary at all times, but if long continued, induces change in the shape of the mouth and teeth.

From the very outset of life, the mouth should be guarded. The baby is a grade instinctively stuffs his fist into his mouth and sucks it hard whenever he experiences hunger. This habit favors the introduction of infectious germs. The creeping child, especially when allowed the freedom of the floor, which is the repository of household dust, sucks his fist or fingers at his peril.

Dust clings to his hands, hidden under his nails, adheres to his rattle and playthings which occupy the floor with him, and when he puts any of them into his mouth he may inoculate himself with tuberculous or other malady. At least, he may get some bowel disorder.

The "soother," "consolation nipple" or "pacifier," as it is variously termed, is considered to be one of the most insidious devices ever invented for a baby's use and should never be permitted. A baby should not be put upon the floor without first spreading a clean sheet over the floor or carpet to protect it from dirt and dust.

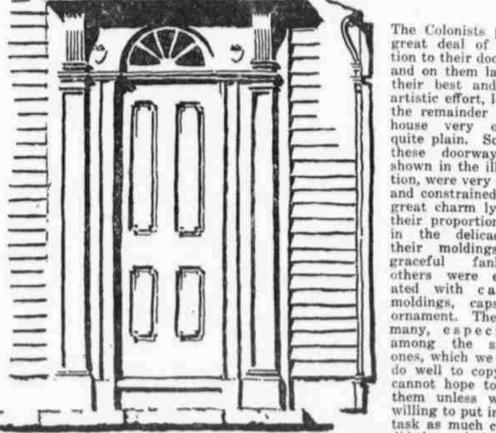
Reindeer Moss Reindeer moss is a useful food for human beings. It is a fungus and a green alga. The alga, by means of its chlorophyll, manufactures food which it shares with the fungus, which in turn pays for its "keep" by protecting the alga and supplying it with water. Reindeer moss flourishes in countries too cold to produce other food plants. It is rich in starch. Weight for weight reindeer moss is said to have a food value even greater than that of the potato. It may be cooked and eaten as a vegetable or it may be dried and ground into flour and made into bread.

Starchy Foods What are some of the principal starchy foods and certain vegetables, as may be seen from the following table: Wheat bread 55.5, Rye bread 52.0, Corn meal 47.0, Potatoes 17.0, etc.

Cellulose What do you mean by cellulose, or hulk in food? Cellulose is a term applied to the substances out of which the structure of plants is formed. It is very similar in nature to starch; it may, indeed, be starch, as may be seen from the following table: Wheat flour 71.0, Corn meal 68.1, etc.

ADVICE TO THE HOME-BUILDER OF MODERATE MEANS

By VICTOR EBERHARD, B. Arch., R. A.



An old colonial doorway at Newport, R. I.

The Colonists paid a great deal of attention to their doorways and on them lavished their best and most artistic effort, leaving the remainder of the house very often quite plain. Some of these doorways, as shown in the illustration, were very simple and unadorned, their great charm lying in their proportions and in the delicacy of their moldings and graceful fanlights; others were elaborated with carved moldings, caps and ornament. There are many, especially among the simpler ones, which we might do well to copy. We cannot hope to excel them unless we are willing to put into the task as much care as did the early builders.

Schedule of Payments for Brick or Stone House Costing About \$5000

Table with 2 columns: Item, Percentage. 1. Foundation, 10%; 2. First story, 15%; 3. Second story, 15%; 4. Roof, 10%; 5. Interior finish, 10%; 6. Exterior finish, 10%; 7. Final payment, 25%.

WHEN payments are made in the foregoing order a great deal of suspense and worry will be avoided and the results will be more satisfactory for the owner as well as for the contractor. To avoid "lien law troubles," it is well for the owner to see that all subcontractors get their proper share out of each payment. That can be made a matter of agreement in the contract. The general contractor should show receipts of previous payments before receiving later ones, and before the last payment the final receipts in full should be required from each subcontractor. Thus any possibility of having to pay bills the second time will be guarded against.

An insurance clause should also be embodied in the contract—contractor to take out "builders' risk" insurance.

Farmer Smith's Column

A NEW IDEA My Dear—I want you to "do your bit" in order to do it, you must have some GROWN-UPS to help you.

Today I want to talk to you about the RED CROSS. Children may not be able to make the bandages in the proper way, BUT if you wish to do this work, ask some one to help you who is in the head of the RED CROSS NEAREST YOUR HOME. Ask this person to tell you which Red Cross helpers are reading the Children's News, or, as we see in this column to TELL YOU TO WORK! Do it now! Your loving editor, FARMER SMITH.

STRANGE ADVENTURES OF BILLY BUMPUS

MEMORIES By Farmer Smith

Picture to yourself the quiet of home after Billy Bumpus returned from his trip to the army. He is seated by the firelight, reading the Children's News, or, as we see in this column to TELL YOU TO WORK! Do it now! Your loving editor, FARMER SMITH.

"How brave you are!" said Mrs. Bumpus, as she gave a fly a swat.

"I have some and I think it is about time to use it," replied Mrs. Bumpus as she went to the cupboard and took from it the fly paper which she had carefully put there so that it would not be in Billy's way.

"Now, my dear, I want you to be careful not to get into that fly paper, or put the Children's News in it, for if you do it will get into your beautiful hair and you will not look very much like a hero—MY hero!" Mrs. Bumpus pulled the fly paper apart and laid it carefully on the dining room table.

Billy sat down and began reading again and just at that moment a tiny fly got on the end of his nose.

"Hey! little fellow, you go over and sit on that fly paper," said Billy wiggling his little stump of hair and you will see that Mrs. Bumpus came over and shook the fly away and when it lit on the table she came down on it with a BANG!

"That reminds me that I have never told you of the time I saved the general's maps—did I?" replied his good wife.

"Well, you see, our army was retreating and there was no one to save the papers and maps on the general's table and so, after he—the general—ran away, I went up and saved the maps and papers."

"That's a very good deed," said Mrs. Bumpus. "I wish you would do it again some day." "I will," said Billy, and he went on to the table and put his elbow right in the middle of the paper.

And do you know what happened?

THE CHEERFUL CHERUB

The clothes are happy on the line; They love the wind and sun. And thus though tied in one small place they have a lot of fun.

POOR BABIES HAVE HAVEN AT LLANERCH HOSPITAL

Babies of the poor are assured of every opportunity to survive the torrid months of summer at the Babies' Hospital of Philadelphia, which will open its summer branch tomorrow at Llanerch, Pa.

Widow Weds Childhood Sweetheart

NORTH HERRINGHAM, Pa., June 4.—A widow for less than a year, Mrs. Rachel Earl yesterday became the bride of Earl Graver, of Nesqueh, a childhood sweetheart. The bride's parents also died within a year.

IF YOU WANT HOT WATER

This summer without a hot kitchen, install a Fleck Ohio Junior Water Heater. One bucket of coal a day gives unlimited boiling water without heating up the cellar. Write, call, phone.

Fleck Bros. Co.

Showrooms: Plumbing, 44 to 50 N. 5th St. Heating and Water Supply, 265 Arch St.

ASK FOR and GET Horlick's The Original Malted Milk

What does an architect charge for his services? The minimum charges which are generally agreed on are 10 per cent of the cost of a house when this cost does not exceed \$10,000. When greater than this amount the charge decreases proportionately.

LIVING UP TO BILLY

By ELIZABETH COOPER

This powerful, human document, written in the form of letters to a young mother serving a term in prison, is one of the most gripping literary products of the twentieth century.

I have had the grandest week. It is Billy's birthday, and I come out to stay two days with him and have stayed on and on and won't go back until next Monday. I brought out both the kids a white pique suit and white shoes and stockings, and they look awful cunning. I give them my notes for Paul, because it seems kind of selfish to give to Billy and not to the other one. I don't think the Smiths have much money. He was a teacher in school in England, and his health broke down and he came to America because he thought he could do better here, but I don't think everything is going just as he thought it would. His brother is in Australia, and is doing fine, and I guess they wish that they had gone there instead.

His is an awful nice man and knows all about the birds, and the trees, and the flowers, and he talks to me and it has changed lots of things for me, because I know all the sounds now and what they mean, and they talk to me instead of being just noises.

I am learning to be a housekeeper, and "I help round," as Mrs. Smith says, all day. We washed Monday and I never know it took such work to just wash clothes. I have washed handkerchiefs and some of Billy's things up in my room, but here we wash sheets and pillow cases and the beds and the curtains. Talk about shirt waists! I use to tell Mrs. Murphy that I didn't get that she was an old thief, cause she charged me twenty cents for them, but now I know she's a thief. I washed the First Mrs. Smith's clothes over night with some white powder in the water. Then Mrs. Smith finished the washing machine out of the lake where it was put where it seems would swell up, and I turned the handle of the thing till I thought my arm would come off, but it was rather fun, as I was so close to the water. I saw the chipmunks as they come looking for scraps from the kitchen. There is some squirrels in the trees, and they look so pretty setting up on their haunches with their long bushy tails curled over their backs, nibbling away at a nut. If I lived in the country I wouldn't keep a cat, because it kills the

chipmunks and birds. The young blackbirds are just now trying to leave their nests, and sometimes they fall out and set on the ground under the bushes and call their father and mother with a funny little chirp sound, and the cat hears it and creeps up her stomach close to the ground till she is close to the baby bird, and then pounces like lightning on it, and the poor little chap cries for help much like a human baby. The mother bird will fight for her little one as long as she can, and sometimes I wish she would seek the old cat's eyes out. I spent a good share of my time chasing the cat from place to place, but even after doing that and watching the chipmunks and squirrels and stopping to keep the children from falling off the dock, I got the washing done at last, and Mrs. Smith rinsed and bleached the clothes and hung part of them upon a line and part she spread on the grass to bleach.

My clothes looked surprised, as they never found themselves in such a place before, laying on nice clean grass with the hot sun shining down on them, and they seemed so happy, and they took such a liking to me that I looked at them in wonder, hardly knowing my old friends. But they get whiter and whiter, and they smell so sweet that I am sure I will have to carry clean thoughts for the rest of the week. Mrs. Smith lets me gather the cucumbers in when the dusk comes, and they smell so sweet that I am sure I will have to carry clean thoughts for the rest of the week. Mrs. Smith lets me gather the cucumbers in when the dusk comes, and they smell so sweet that I am sure I will have to carry clean thoughts for the rest of the week.

More in the next letter. With all love, N.A.N.

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Women in War Relief Work; Notes and Queries

THE EVENING LEDGER will undertake to publish answers to queries regarding the various women's organizations devoted to war relief, such as the Red Cross, the Emergency Aid, etc.

MUNICIPAL BAND IN SIX CONCERTS THIS WEEK

The Municipal Band, under the leadership of Benjamin Roseman, will during the current week play at the following places: June 4—Plot, Twelfth and Spruce Garden streets; June 5—Ontario Square, Thirteenth and Thuman streets; June 6—Hancock Square, Hancock and Jefferson streets; June 7—Parkway Square, Twelfth and Reed streets; June 8—Clark Park (A), Fortieth and Woodland avenues; June 9—Aramingo Square, Aramingo and Huntingdon streets.

GLASS OF WATER FATAL

Shock following the drinking of a glass of ice water caused the death today of Charles Herbrich, forty-two years old, 241 East Allegheny avenue, who dropped dead immediately after drinking a glass of ice water. Herbrich was employed at the plant of David Lupton Sons Company, Tully street and Allegheny avenue. He returned to work today after several weeks' absence, due to illness, and after working a short time drank the ice water. He was dead when taken to the Episcopal Hospital. Heart disease was said to have been the cause.

Pastor Resigns to Become Chaplain

WASHINGTON, Pa., June 4.—The Rev. R. A. Honn, formerly pastor of the Second Christian Church of Philadelphia, announced his resignation yesterday from the First Christian Church, of California, this county. He said that he had applied for a chaplaincy in the United States army and expected to be assigned about September 1, at which time his resignation is becoming effective. The Rev. Mr. Honn has been active in civic and patriotic work in this county.

SAVE THE FRUIT CROP

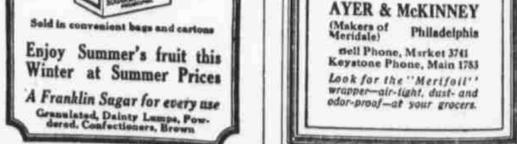
Franklin Sugar. Sold in convenient bags and cartons. Enjoy Summer's fruit this Winter at Summer Prices. A Franklin Sugar for every use. Granulated, Dainty Lumps, Powdered, Confectioners, Brown.

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